Essence: Sweet children, only by remembering Baba accurately will your sins be absolved. The soul

will become pure from impure. The *number one subject* is remembrance.

Question: What request do human beings make and how does Baba fulfill that request?

Answer: Human beings make a request of the Father: O God, the Father, liberate us from committing

sin! O merciful Father, have mercy on us! Having heard everyone's request, Baba Himself comes and shows everyone the way to become liberated from committing sin. He says: Children, remember Me. There is no benefit in simply singing the Father's praise. You don't need to praise His divine activity; you have to study Raja Yoga and become those whose

activities are divine.

Song: The Lord of Innocence is Unique...

Om shanti. Whose praise did you hear? The One who reforms that which has been spoilt. He is the highest-on-high One who relates the *knowledge* of the beginning, the middle and the end of the world. Whenever someone comes here to understand, the first thing to explain is: God is praised as the Highest on High. His name is the highest; His place of residence is the highest. It is also mentioned in the Granth that the name of God is the highest, and that His abode is also the highest. The Supreme Father, the Supreme Soul, is the One who resides in the highest place. That is the incorporeal world, where the incorporeal Supreme Father, the Supreme Soul, resides. Then, below that are the subtle and corporeal worlds. So first of all give His introduction. The Supreme Father, the Supreme Soul, is the *Truth*. He is the Creator, and then comes His creation. There is the Highest on High, the Seed. Then, below Him, there are Brahma, Vishnu and Shankar, the residents of the subtle region. They are the creation and the Creator is above everyone. That Creator is the Father; all the rest are His creation. All are children of the one Supreme Father, the Supreme Soul. Therefore all of us souls are brothers. The Supreme Father resides in the supreme abode (Paramdham). He is called the Supreme Soul. There are many physical fathers. First of all, give the introduction of the spiritual Father. All are His creation. You also have to draw their attention to the pictures. First there is the highest-on-high, Supreme Father, the Supreme Soul, the One known as the living Seed of the human world tree. He is the Truth, the Living Being and the Embodiment of Bliss. He is the Truth, that is, the One who speaks the truth. Souls too are true; they don't burn or die. The children of the Truth must also be true. You deities were true to begin with. The true Father is the One who established the land of truth. It is not that the Supreme Father, the Supreme Soul, establishes the land of falsehood; no. Bharat was the land of truth and it then became the land of falsehood. The Supreme Father, the Supreme Soul, is the Truth. The one who makes everyone impure cannot be called the truth. They are all false. Maya, Ravan, the five vices, makes the soul false. Rama is Truth and Ravan is false. It is Ravan that makes Bharat false. The whole story is based on Bharat. You have to explain that Bharat was heaven and that it has now become hell. Baba is called the Creator of heaven, the One who brings about heaven. It is Bharat that is praised. He tells you the knowledge of the beginning, the middle and the end of the world through which you become knowers of the three aspects of time. This is known as the cycle of self-realisation. You souls understand that you are once again claiming your inheritance from the Supreme Father, the Supreme Soul. It has also been remembered that souls and the Supreme Soul were separated for a long period of time. That meeting now is very beautiful and auspicious. First of all, give the Father's introduction. Saying that the Father, the Creator, is omnipresent doesn't prove that we are all children. The children wouldn't say that they are all the Supreme Father, the Supreme Soul. With the notion of omnipresence, they can neither have love for the Father nor can their intellect have yoga with Him. The ancient yoga of Bharat is famous. In fact, the intellect has to be linked in yoga to the Father. If He were omnipresent, then with whom would you have yoga? Would you have yoga with yourself? There is no meaning in that. Here, you understand the meaning of everything. The Father, Himself, tells you: By having yoga with Me, your sins will be absolved. Sinful actions continue to take place. You will reach your complete karmateet stage at the end. The results will be given when the time of knowledge has ended. In schools too, some may be clever in one *subject* and others in another subject. The *subject* of remembrance is easy. The Father is remembered. By remembering the Father, the soul becomes good; the vessel becomes clean. Souls that

have become *impure* become *pure*. The highest-on-high Father comes and teaches you souls to enable you to claim a high status. You change from humans into deities. You understand that the deity religion definitely did exist. They should not be called Hindus. The name "Hindu religion" doesn't seem suitable. They have changed the name of Bharat to Hindustan. When it was the pure original eternal deity religion, it was called Paradise, that is, heaven. That is the golden age and it is called the new world. The Father is the One who creates it: He is incorporeal. Everyone says: Oh God the Father! He resides in the highest place. Brahma, Vishnu and Shankar have subtle bodies. That is called the subtle region and the other is the land of peace, the world of silence. This is the physical world. Therefore, first of all, whenever anyone comes, get them to fill in a form: Who is the Father of souls? Only God can be called the Highest on High. Sages and holy men etc. all pray. Praying can also be called making requests. O God the Father, we request You to incinerate our sins, O merciful Baba, have mercy! They call out in this way. Not everyone has mercy. It is only the one Father who has mercy for all. They call themselves: Sarvodaya (one who has mercy for all). Now what do they do? How many do they have mercy for? That too is fixed in the drama. You can compare that with all the things that are happening now. These aspects are not mentioned in the Gita or Bhagawad. The Gita has knowledge. However, there is no need for stories of anyone's activity, etc. Do students sing the praise of their teacher's activities? There is no benefit in sitting and singing the teacher's praise. You do not receive anything by simply singing the praise of the Father, that He is the Ocean of Knowledge, the Ocean of Happiness. You children now understand that Baba teaches you Raja Yoga and makes you knowers of the three aspects of time, that is, He gives you the knowledge of the three aspects of time and the three worlds. Therefore, you are called *master* lords of the three worlds. You are also called the knowers of the three aspects of time. We definitely become the lords who know the three worlds. This is Raja Yoga. We are becoming emperors. The Father is the one who makes us this. It is said: Lord of divinity. Lakshmi and Narayan are this. Even though there are temples to Lakshmi and Narayan, no one knows who they are. Lakshmi and Narayan are called the masters of the land of divinity. The golden age is called the land of divinity. You understand that Krishna definitely had palaces of diamonds and jewels; he was the lord of divinity. Therefore, first of all, ask them: Do you accept that the Father is the Creator of all? That He is also the Creator of Brahma, Vishnu and Shankar? First of all, have the faith that that Father is the Creator of heaven, and that the people there belonged to the original eternal deity religion. When did they receive this knowledge? The Father says: I come every cycle, at the confluence age, in order to give knowledge. You are definitely going to become the lords of divinity at the beginning of the golden age. This is such first-class knowledge. Whilst sitting here, you understand that you are claiming your inheritance from Baba and that you will become masters of the land of divinity. Your intellect understands how wealthy the deities, Lakshmi and Narayan, were. They had a lot of jewellery etc.; they were very wealthy. So, first of all, recognise the Father and claim your inheritance from Him. You have to claim your inheritance through remembrance. This is a subtle aspect. There were many huge palaces of diamonds and jewels, but they no longer exist. They will be constructed again at the right time. They existed and disappeared and they will definitely exist again. This is fixed in the drama. You have to use your intellect to understand these aspects. Everything gets destroyed in the war. Then the palaces will be built anew. They must have definitely built palaces. You also have visions of how the palaces existed. We are the ones who built them. It is not that they went beneath the sea and that they will now emerge from there, no. This cycle of the drama continues to turn. They think that Ravan's Lanka and the golden Dwaraka was submerged and will emerge again. However, it is not like that. You are now becoming the masters of Dwaraka. You were full of treasures. You had everything, wealth and property. All that has now vanished; it was all taken away. The same thing will happen again. First of all, give the Father's introduction and then explain the secrets of how the cycle turns. It is the Father who will create the golden age. Baba now sits here personally and tells you: Remember Me. It is through this fire of remembrance that you become pure from impure. There is no other way. It is through the fire of yoga that you souls become pure from impure. The Purifier Father comes and establishes the pure world. So then, why do you say that the Ganges is the Purifier? To do tapasya, penance and bathe in the Ganges etc. are all the paraphernalia of the path of

devotion. The path of devotion was unadulterated to begin with, and then it became adulterated. It took half a cycle for it to become adulterated. From 16 celestial degrees it decreased to 14 celestial degrees and the degrees continue to decrease. The Father, the Ocean of Knowledge explains this. Brahma, Vishnu and Shankar cannot be called the Ocean of Knowledge, the Seed of the human world tree. By saying "Supreme Father" the intellect is not drawn to Brahma, Vishnu or Shankar. When souls experience sorrow they remember the Father, the Supreme Father, the Supreme Soul. There is happiness in the golden age. Therefore, no one calls out to Him there. You souls now understand that you have experienced sorrow for half a cycle and that you are now going to heaven once again. There is no sorrow in the golden age, and so there is no need to remember Baba there. According to the *drama*, Baba will return home only after giving us our inheritance of heaven. When people grow old they go into the stage of retirement and adopt a guru. Here, the Father, Himself, comes and becomes your Satguru. He says: I will take you all back home with Me. No one else can say this. No one else can take you back with him. Everyone definitely has to take rebirth and play a part. I do not take birth again and again. If I were to take birth again and again, I would become tamopradhan. It is souls that become *impure*. Alloy is mixed into the souls. The terms "golden age" and "silver age" are used now. It is definitely now the iron age. It is now the confluence. Therefore, the Father definitely has to come. It is the Father's task to transform the old world and make it new. The Father is the Purifier, that is, the One who transforms the world. He is not the Creator of the world, but the One who transforms it. By saying that He is the Creator, human beings think that a huge annihilation takes place. The word "Purifier" is accurate. Sages sing: O Purifier, Sita Rama. They never sing: The Ganges is the Purifier. By saying "Purifier", the intellect is drawn towards the Supreme Soul. The Ganges is not the Purifier; that is just water and it also exists there as well. However, everything there is satopradhan; the Ganges is also satopradhan. Here, it is tamopradhan, and it creates *floods* and drowns villages etc. The Brahmaputra River drowns so many villages. This is the land of sorrow. You will not experience sorrow in the golden age. There, these rivers will follow their course accurately according to the law of nature. Here, they leaves their course and flow here, there and everywhere. Because the 5 elements of nature are satopradhan there, water never causes sorrow. Here, even water causes sorrow. First of all, you have to understand who gives the happiness of heaven. Surely, it must be the Father. Now it is hell. Baba has come. We are children of Prajapita Brahma, Brahma Kumars and Kumaris. The new world can only be created when Prajapita Brahma exists. It is said that humans were changed into deities. Who changed them? The Supreme Father, the Supreme Soul. Krishna himself was a deity. Only the Father comes and changes humans into deities. It is now that you understand this. Previously, you just used to sing the praise of human beings changing into deities. You didn't know who created the golden age or who the Creator is or how the golden-aged world changes into the iron-aged world. You children have understood that this is a huge stage under the sky. The play is performed on it. An open stage is needed. Light is also needed when human beings are playing their parts. Therefore, the sun and the moon serve you in this way. The stars also shine. When night falls, they give light, that is, happiness. This is why people say: Deity sun and deity moon. They give the happiness of light. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

- 1. Understand the cycle of the *drama* accurately and make effort accordingly. Become as merciful as the Father and bestow mercy on everyone.
- 2. Baba is establishing the land of truth. Therefore, remain true to Him. Make the soul clean with remembrance of the Father.

Blessing: May you be an embodiment of success and transform your nature by paying *attention naturally*.

Your original sanskar is that of paying *attention*. Since you know how to have *tension*, it is not a big thing to know how to pay *attention*. There should be no *tension* in paying *attention*. Instead, you should pay *attention naturally*. The soul should practise being detached *naturally*. The soul was detached, it is now detached and it will be detached. Just as your practice of coming into sound is very firm, so too, your practice of going beyond sound and becoming detached should become just as *natural*. Through your powerful *vibrations* of detachment, you will easily be able to attain success in service. This *natural* practice will also transform your *nature*.

Slogan:

Perform the *exercise* of being bodiless and take precautions not to have waste thoughts and you will remain ever-healthy.

OM SHANTI